

747[®]

Consulting
group



2022

Approved

60
Hours
Training
Program
accredited
by ICF

— **ONLINE**

CERTIFIED LIFE COACHING JOURNEY[®]

747CG...

A life journey beyond a training

ACSTH

ICF APPROVED COACH SPECIFIC
TRAINING HOURS

ICF

رحلة معتمدة لمدة 60 ساعة،
من الإتحاد الدولي للكويتشينج

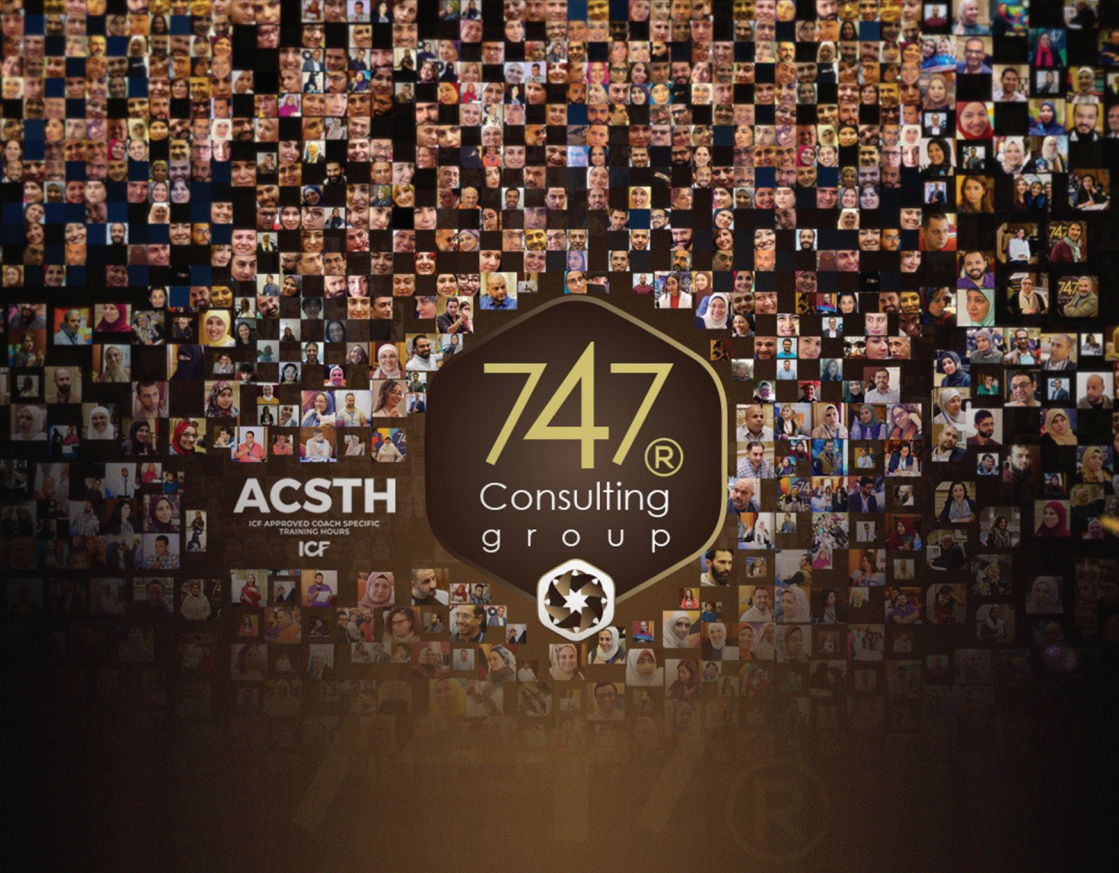
رحلة إعداد
لايف كوتش

New Journey Is waiting for you

01288423309



www.747cg.com



About Us

747 Consulting Group your **Path to Success...**

747 Consulting Group, located in Foxboro, Massachusetts, is a full service training and consulting firm with partners throughout the world.

Our services include organizational and leadership consultancy, organizational development, strategic planning, as well as a diverse and comprehensive catalog of organizational assessment tools, training courses and workshops.



747 Consulting Group

is a boutique training company with many years' experience in process, technology, and performance development learning solutions serving clients around the world.

We are committed to building long-term relationships with our partner clients and providing world-class customer service.

We listen, respond and take actions to support clients to implement changes to reach their targets and fulfill their goals.

747CG TEAM WELCOMES > YOU TO CLCJ

www.747cg.com

Coaching is the profession that supports people achieve their highest potential and partners with them to pursuit life with ease and clarity.

During our Certified Life Coaching journey (CLCJ), you will be immersed in a coaching environment of learning, training, practice and mentoring.

At the end of the journey, you will earn the designation of "Certified Life Coach". This is the first step on the path to coaching accreditation from the International Coaching Federation (ICF).



Certified Life Coaching Journey, is an accredited 60-hours - Life Coaching training program **by the International Coaching Federation**.

This is a journey not a program. The Journey takes you along Human Powers, Core Competencies, Ethics and tools to master the coaching profession.

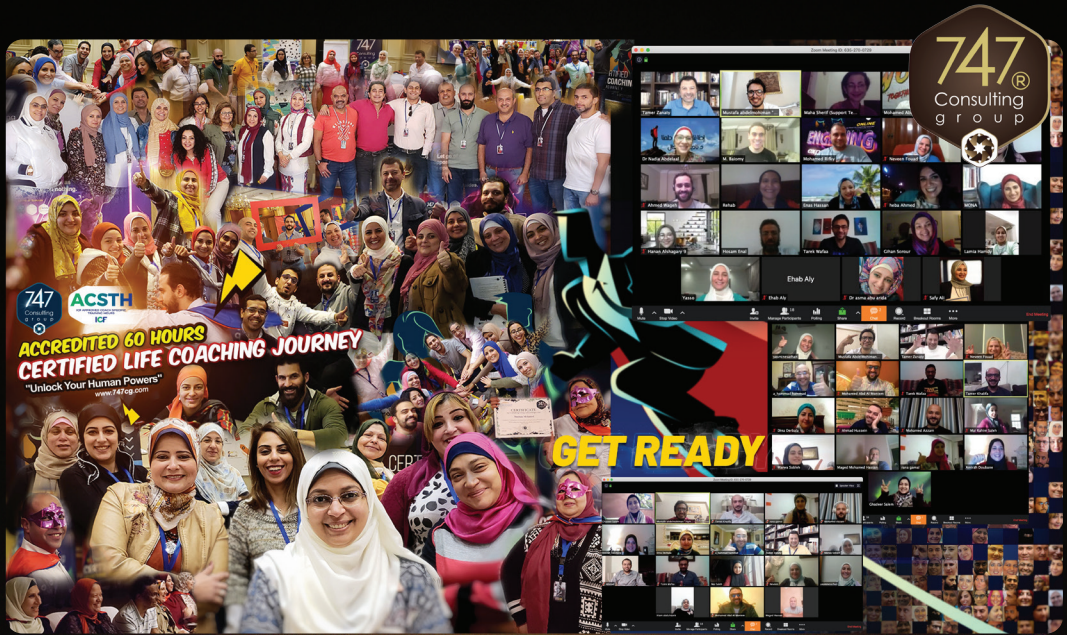
The journey is a pursuit to Associate Certified Coach (ACC) credential.

Course Objectives:

- Start the coaching profession under ICF umbrella
- Know what coaching is and is not.
- Distinguish between coaching and other professions.
- Acquire 60 accredited hrs. required for ICF certification.
- Comprehend the updated 8 ICF core competencies and how to use them in coaching practice.
- Practice coaching to obtain the required coaching hrs. for ACC certification
- Learn and master 12 coaching tools to support the clients in their goal pursuit journey.
- Know the ICF code of ethics to practice coaching professionally.
- Explore how to support clients in a way that enables them to have control on their lives and enjoy life roles.
- Discover 5 human powers to sharpen your skills
- Unleash your own 5 human powers potentials to be a superhuman
- Be part of 747 Community to enhance our coaching profession to impact lives.



Your CLCJ
Begins Now



01 Attending CLCJ

Attending CLCJ 60-hours accredited training program- is a comprehensive life coaching training program accredited by the International Coaching Federation(ICF).

CLCJ sets the first step towards Associate Certified Coach (ACC) and takes you along the full path to the final accreditation.

During CLCJ, you will learn and practice 12 coaching tools, 8 ICF Core Competencies, ICF Code of Ethics and 5 Human Powers.





02 Mentoring

Attend 10 hours of online mentoring with Professional Certified Coaches from ICF.

Mentoring provides professional assistance to achieve and demonstrate coaching competencies and capabilities required for the credential level.

Mentor Coaching should take place over an extended time (minimum three-months) in a cycle that allows for listening and feedback from the Mentor Coach while also allowing reflection and practice on the part of the mentee.

The 10 hours are divided into; 7 hours group mentoring and 3 hours one-to-one mentoring.



03 747CG Community

Joining 747CG Community, you will be able to benefit from different free services such as: attending community meetings, study groups, preparation for the Coach Knowledge Assessment (CKA) to be Associate Certified Coach (ACC), attending Group Supervision and more.



04 747 Coaching Hut

Join 747CG Coaching Hut platform to market your brand.



ACC ACSTH Path Requirement

01

At least 60 hours of coach-specific training through an ACTP or ACSTH program.

02

10 hours of Mentor Coaching over a minimum of three months.

Your Mentor Coach must be an ACC who has completed a full cycle of the credential through renewal, PCC or MCC in good standing.

03

A minimum of 100 hours (75 paid) of coaching experience with at least eight clients following the start of your coach-specific training.

At least 25 of these hours must occur within the 18 months prior to submitting the application for the credential.

04

Performance Evaluation

(audio recording and written transcript of a coach session to be uploaded with your application).

05

Completion of the Coach Knowledge Assessment (CKA).

Why is CLCJ a unique journey?

What makes our accredited training program
(Certified Life Coaching Journey)
a unique coaching learning experience worldwide?

- 01 A transformational experience to you as a human being.
- 02 It is fully gamified coaching journey
- 03 Engaging experience where you practice coaching between 18 - 20 times.
- 04 Training where bonding happens and strong relationships are built among members.
- 05 The material is designed by an award-winning team to match attendees' needs theoretically and practically.
- 06 After the training, you become a member of 747 community of coaches along with many services to our graduates.

CLCJ 3 Main Components



8

ICF CORE COMPETENCIES



5

HUMAN POWERS



12

COACHING TOOLS





8 New ICF Core competencies

Demonstrates Ethical Practice 01

Understands and consistently applies coaching ethics and standards of coaching.

Develops and maintains a mindset that is open, curious, flexible and client-centered.

02 Embodies a Coaching Mindset

Establishes and Maintains Agreements 03

Partners with the client and relevant stakeholders to create clear agreements about the coaching relationship, process, plans and goals. Establishes agreements for the overall coaching engagement as well as those for each coaching session.

Partners with the client to create a safe, supportive environment that allows the client to share freely. Maintains a relationship of mutual respect and trust.

04 Cultivates Trust & Safety

Maintains Presence 05

Is fully conscious and present with the client, employing a style that is open, flexible, grounded and confident.

Focuses on what the client is and is not saying to fully understand what is being communicated in the context of the client systems and to support client self-expression.

06 Listens Actively

Evokes Awareness 07

Facilitates client insight and learning by using tools and techniques such as powerful questioning, silence, metaphor or analogy.

Partners with the client to transform learning and insight into action. Promotes client autonomy in the coaching process.

08 Facilitates Client Growth

Human Powers

01
Humanity



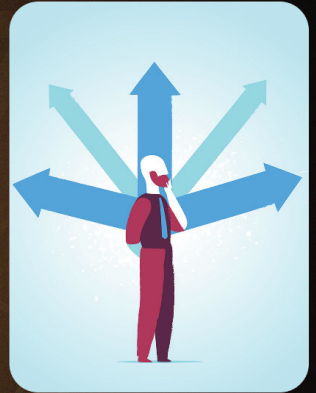
02
Compassion



04
Generosity



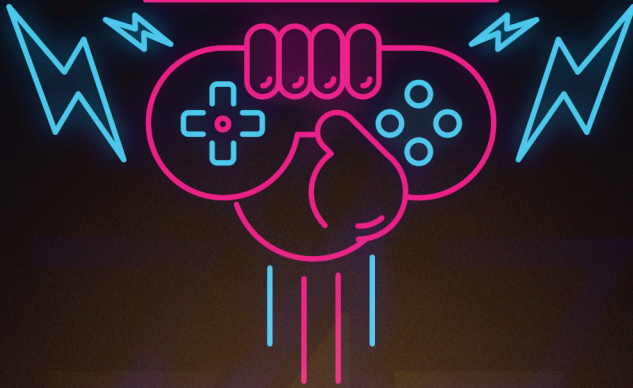
03
Curiosity



05
Self Management



12 COACHING TOOLS



Visualization



Wheel of Life



Inner Critic



Moment of Fulfillment



Changing Frames



Ego Trap



Journaling



3 Perspective Positions



Systems Constellation



SMART Goals



Back from the Future



Life Purpose

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CLCJ Program Content

1. Visualization
2. What is Coaching?
3. Humanity
4. Demonstrates Ethical Practice
5. Ethics Key Definitions
6. Establishes & Maintains Agreements
7. Wheel of Life
8. ICF Values

Land of Curiosity

1. Curiosity
2. Maintains Presence
3. Changing Frames
4. Cultivates Trust & Safety
5. Coaching the client not the topic
6. Responsibility to Clients
7. Sawubona

Land of Compassion

1. Exploring Emotions
2. Blind Listening
3. Listens Actively
4. Types of Listening
5. Inner Critic
6. Responsibility to Clients (Conti)

Land of Generosity

1. Generosity
2. Evoke Awareness
3. Ego Trap
4. Responsibility to Practice & Performance
5. Coaching Mindset
6. Intuition

Land of Self-Management

1. Self-Management
2. Facilities Client Growth
3. System Awareness
4. Back from the Future
5. System Constellation
6. Three Perspective

Land of Coaching

1. Responsibility to Professionalism
2. SMART Objectives
3. Live Purpose
4. Responsibility to Society
5. Moment of Fulfillment
6. Associate Certified Coach Path



CLCJ

Instructors

Neveen Fouad, PCC

Professional Certified Coach



Neveen Fouad, an Associate Certified Coach (ACC) has a great experience as a Coach, especially in the sports field, that enriched her knowledge & helped to partner with her clients in their success stories & medals winning journey.

She has been working with athletes & individuals since 2017.

Neveen is also :

- NLP Practitioner
- Enneagram practitioner.
- Certified Group Coach at the International Coaching Federation.
- Mental Coach for Athletes

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Tarek Wafaa, PCC

Professional Certified Coach



Tarek brings more than 20 years of experience in corporate business in National and Multinational companies, 10 years Sales Manager of Golden Pharaoh Logistics Co. (Egypt, China and Turkey).

2 Years Rout Sales Development Manager of Kuehne + Nagel (Egypt).

10 years Import Manager of Evergreen Shipping Line (Egypt, Libya)

Tarek is Co-Author of 2 books for creating awareness by Coaching tools.

He performs many self-discoveries and changing habits workshops inside and outside Egypt.

More about Tarek Wafaa

- Associated Certified Coach (ACC), International Coach Federation.
- Certified Spiritual Coach (CCE) (ICF).
- Former Board Member & Membership Director of ICF Egypt
- Certified NLP Practitioner (American Board).
- Certified NLP Master Practitioner (International Society of Neuro - Semantics).
- Studied Enneagram personality types.
- Certified PEAT Practitioner.



ACSTH
ANALYST CERTIFICATION
ICF

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JOIN OUR GREAT
COMMUNITY

OF GENEROUS AND
HUMANE LEADERS

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Inquiry & Registration

Contact 747 CRM team at the following number:

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or email us at

info@747cg.com